



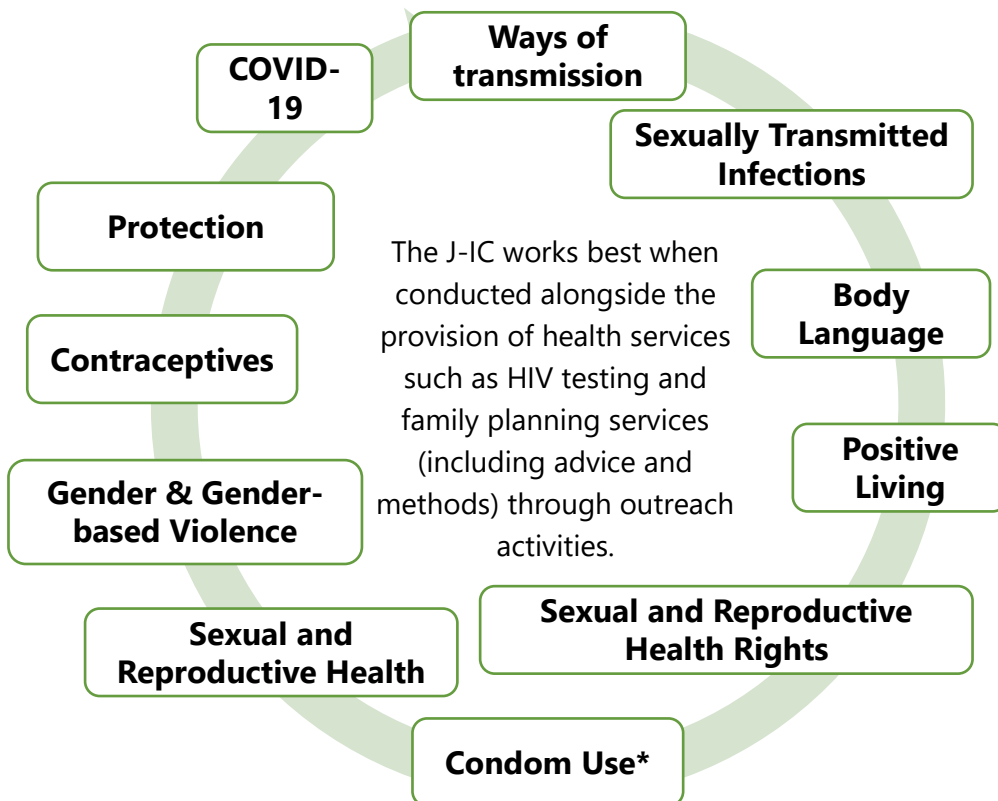
# The Join-in Circuit on AIDS, Love & Sexuality



## What is the J-IC?

The **“Join-In-Circuit on AIDS, Love and Sexuality”** (in short **“J-IC”**) is a learner-centered and highly interactive methodology that aims to increase knowledge of groups up to 60 learners on topics and risk factors related to HIV, AIDS, sexual and reproductive health and healthy relationships while also building a foundation for positive changes in attitude and behaviour. It is a highly efficient once-off intervention using games, role-plays and problem-solving skills to make the discussion of these topics easier and to develop new skills of self-protection. It contains a total of 11 thematic mobile stations, out of which you pick the 5-6 topics that are most appropriate for the target audience.

## The 11 J-IC Stations



## For whom is it?

The J-IC is a tool for everyone.

Even though it is primarily targeting young learners, it has also proven effective with adolescents and adults alike.

Planning and carrying out a J-IC run is done so that every person can enjoy the J-IC activities. It uses inclusive and barrier free activities making it accessible to persons with disabilities (PWDs).

**\*In agreement with the Ministry of Education of Zambia, the station on „Condom Use“ is not implemented in schools.**





## History of the JIC

- 1994** J-IC was developed by the German Federal Centre for Health Education in Germany
- 2015** Since then, the J-IC was introduced in an more than 20 countries. It was adjusted to the Zambian context in 2015.
- 2017 & 2022** In the last years, two randomized control trials have proven the effectiveness of the JIC- <https://www.air.org/sites/default/files/Impact-Evaluation-Join-In-Circuit-Zambia-May-2018.pdf>

## The J-IC Works!

- ✓ We find that the program improved outcomes across a range of key indicators including **increased HIV testing, increased family planning health seeking behavior, and increased awareness of family planning methods**
- ✓ **Spill over impact of the Jic** on those that did not participate in the program as they learn from their peers who participated in the JIC
- ✓ JI-C with parents; the JIC has also been conducted with Parents/ Guardians, and this has helped clarify myths and misconceptions about Comprehensive sexuality education and SRHR for adolescents\_ the parents/Guardians are very receptive of the methodology

### Access the J-IC

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## What you need

1. JIC toolkit
2. JIC Facilitators: The PACAs and DACAs have a complete list of JIC Facilitators available in their provinces

### Why the JIC is Unique

Highly cost-efficient, as it builds on structures and activities which are already there. It also covers multiple important topics in the shortest possible time

